

# Volksbanken-Nightcup 2015 - 2015 - Männer

| SNR | Pl. | Hausname, Vorname     | JG   | AK       | Verein                      | GPkt. | 1. Lauf        |                  | 2. Lauf        |                  | 3. Lauf        |                  | 4. Lauf        |                  | 5. Lauf        |                    | 6. Lauf       |                  |
|-----|-----|-----------------------|------|----------|-----------------------------|-------|----------------|------------------|----------------|------------------|----------------|------------------|----------------|------------------|----------------|--------------------|---------------|------------------|
| 608 | 1.  | Bozduman, Murat       | 1983 | 1. M30   | LG Burg Wiedenbrück         | 4     | 1              | 34:55            | 1              | 25:00            | <del>-2</del>  | <del>30:59</del> | 1              | 31:53            | 1              | 34:34,0            | <del>-1</del> | <del>35:02</del> |
| 666 | 2.  | Glomm, Gregor         | 1971 | 1. M40   | LG Burg Wiedenbrück         | 9     | <del>-4</del>  | <del>36:31</del> | 2              | 26:04            | <del>-4</del>  | <del>32:36</del> | 3              | 33:23            | 2              | 36:34,3            | 2             | 36:52            |
| 543 | 3.  | Beimdiek, Klaus-Peter | 1966 | 1. M45   | Laufspass SW Sende          | 13    | <del>-8</del>  | <del>37:19</del> | 3              | 26:47            | <del>-5</del>  | <del>33:04</del> | 4              | 33:46            | 3              | 36:56,7            | 3             | 37:09            |
| 655 | 4.  | Pilot, Ajosha         | 1985 | 2. M30   | Ahorn Bahnläufer            | 14    | 2              | 35:09            |                |                  |                |                  | 2              | 33:23            | 6              | 37:35,3            | 4             | 37:25            |
| 688 | 5.  | Wulfmeyer, Henning    | 1983 | 3. M30   | Steueroase Schröttinghausen | 21    | 5              | 36:50            | 4              | 26:48            | 7              | 33:41            |                |                  | <del>-7</del>  | <del>38:11,6</del> | 5             | 37:33            |
| 743 | 5.  | Horn, Christian       | 1967 | 2. M45   | LG Burg Wiedenbrück         | 21    | <del>-7</del>  | <del>37:08</del> | 5              | 26:53            |                |                  | 5              | 34:15            | 5              | 37:21,1            | 6             | 37:40            |
| 737 | 7.  | Ahlke, Tobias         | 1995 | 1. M20   | Herzebrocker SV             | 22    | 6              | 37:07            | 6              | 26:57            | 6              | 33:38            | <del>-6</del>  | <del>34:46</del> | 4              | 37:12,3            |               |                  |
| 519 | 8.  | Plaasch, Robert       | 1974 | 2. M40   | TuS Jöllenebeck             | 33    | <del>-15</del> | <del>40:10</del> | 8              | 28:29            | 9              | 35:55            | 7              | 36:27            | <del>-10</del> | <del>39:35,4</del> | 9             | 40:27            |
| 762 | 8.  | Beil, Björn           | 1983 | 4. M30   | Team ERDINGER Alkoholfrei   | 33    | 10             | 39:49            | 7              | 28:25            |                |                  | 9              | 39:28,6          | 7              | 40:01              |               |                  |
| 687 | 10. | Schröder, Marcus      | 1969 | 3. M45   | Gütersloh                   | 37    | 11             | 39:52            | 10             | 28:38            | 8              | 35:47            | <del>-11</del> | <del>36:57</del> | 8              | 39:22,6            |               |                  |
| 732 | 11. | Schroll, Michael      | 1965 | 1. M50   | Laufspass SW Sende          | 40    |                |                  |                |                  | 12             | 36:31            | 9              | 36:48            | 11             | 39:42,2            | 8             | 40:06            |
| 621 | 12. | Schomakers, Olav      | 1971 | 3. M40   | HSG Gütersloh               | 42    | 12             | 39:56            | 12             | 28:54            | 10             | 36:08            | 8              | 36:35            |                |                    |               |                  |
| 646 | 13. | Debener, Ulrich       | 1965 | 2. M50   | TSVE 1890 Bielefeld         | 45    |                |                  | 13             | 29:06            | 10             | 36:54            | 12             | 40:28,6          | 10             | 40:41              |               |                  |
| 724 | 14. | Rothland, Robin       | 2000 | 1. MJU16 | LG Burg Wiedenbrück         | 48    | 9              | 39:46            | <del>-39</del> | <del>31:41</del> | 11             | 36:18            | 13             | 37:26            | 15             | 41:11,5            |               |                  |
| 716 | 15. | Schwarz, Jan          | 1979 | 1. M35   | TSVE 1890 Bielefeld         | 52    |                |                  | 9              | 28:37            | 14             | 36:42            | 12             | 37:04            | 17             | 41:28,0            |               |                  |
| 638 | 16. | Stöppel, Andreas      | 1986 | 2. M20   | Mastholte                   | 55    | 14             | 40:08            | 14             | 29:23            | <del>-16</del> | <del>37:00</del> | <del>-18</del> | <del>38:28</del> | 13             | 40:58,8            | 14            | 42:18            |
| 674 | 16. | Otto, Ulf             | 1969 | 4. M45   | Gütersloh                   | 55    | 13             | 40:08            |                |                  | 13             | 36:41            | 14             | 37:26            |                |                    | 15            | 42:18            |
| 648 | 18. | Killmann, Bernd       | 1964 | 3. M50   | LG Obersee Bielefeld        | 65    | 19             | 41:28            | 17             | 29:28            |                |                  | 15             | 38:09            | 14             | 41:04,8            |               |                  |
| 721 | 19. | Epkenhans, Andreas    | 1972 | 4. M40   | LG Burg Wiedenbrück         | 66    |                |                  | 15             | 29:26            | 21             | 38:12            | 19             | 38:40            |                |                    | 11            | 41:33            |
| 592 | 20. | Wittenbrock, Manfred  | 1965 | 4. M50   | SV-Brackwede                | 69    |                |                  | 24             | 30:39            |                |                  | 17             | 38:18            | 16             | 41:13,4            | 12            | 41:45            |
| 585 | 21. | Bußmann, Christoph    | 1971 | 5. M40   | Trispeed Marienfeld         | 73    | 17             | 41:08            | 19             | 29:54            | 17             | 37:02            | 20             | 38:45            |                |                    |               |                  |
| 633 | 22. | Mahnken, Daniel       | 1976 | 3. M35   | VfL Ummeln                  | 77    | 18             | 41:25            | 20             | 29:58            | <del>-24</del> | <del>38:23</del> | 21             | 39:08            | 18             | 41:42,6            |               |                  |
| 706 | 22. | Büker, Christoph      | 1976 | 2. M35   | LG Burg Wiedenbrück         | 77    | 20             | 41:39            | 16             | 29:26            | 19             | 37:25            | 22             | 39:30            |                |                    |               |                  |
| 685 | 24. | Giessler, Peter       | 1962 | 5. M50   | Bielefeld                   | 83    | <del>-26</del> | <del>43:00</del> | <del>-28</del> | <del>31:12</del> | 22             | 38:15            | 24             | 40:08            | 21             | 43:31,6            | 16            | 43:31            |
| 589 | 25. | Anders, Stefan        | 1977 | 4. M35   | BV Werther                  | 87    | 31             | 43:45            | <del>-32</del> | <del>31:20</del> | 23             | 38:22            |                |                  | 20             | 43:25,8            | 13            | 42:08            |
| 699 | 25. | Lilischkis, Ingo      | 1960 | 1. M55   | LG Obersee Bielefeld        | 87    |                |                  | <del>-34</del> | <del>31:25</del> | 25             | 38:23            | 23             | 39:50            | 19             | 43:02,1            | 20            | 44:29            |
| 715 | 27. | Tews, Jörg            | 1970 | 5. M45   | Laufspass SW Sende          | 89    |                |                  | 26             | 31:05            | 20             | 37:40            | 16             | 38:11            |                |                    | 27            | 44:50            |
| 525 | 28. | Bösel, Andreas        | 1961 | 6. M50   | LG Obersee Bielefeld        | 90    | 22             | 42:19            | 23             | 30:36            | 26             | 38:29            |                |                  |                |                    | 19            | 44:28            |
| 567 | 29. | Reichert, Christian   | 1974 | 6. M40   | Sudbrack-Läufer Bielefeld   | 94    | 16             | 40:10            | 11             | 28:45            |                |                  |                |                  | 50             | 48:26,1            | 17            | 43:47            |
| 745 | 30. | Höner, Philipp        | 1998 | 1. MJU18 | Front-Runner-GT             | 96    | 24             | 42:59            | 18             | 29:44            | 27             | 38:48            | 27             | 40:40            |                |                    |               |                  |
| 653 | 31. | Rolf, Holger          | 1973 | 7. M40   | Getoese in Moese GbR        | 97    | 21             | 42:00            | 21             | 30:25            |                |                  | <del>-48</del> | <del>43:21</del> | 34             | 45:10,4            | 21            | 44:35            |
| 756 | 32. | Brockmann, Hubert     | 1966 | 6. M45   | 1. Tri-Team-Gütersloh GTV   | 99    | 27             | 43:05            | <del>-37</del> | <del>31:38</del> | 29             | 38:52            | 25             | 40:12            | <del>-31</del> | <del>44:46,9</del> | 18            | 44:23            |
| 508 | 33. | Südbröck, Daniel      | 1980 | 5. M35   | Team Lübbering              | 102   | 28             | 43:13            | 27             | 31:11            |                |                  | 22             | 43:51,0          | 25             | 44:46              |               |                  |
| 611 | 34. | Hettrich, Daniel      | 1984 | 5. M30   | Werther                     | 105   | 25             | 42:59            | 29             | 31:17            | <del>-37</del> | <del>39:50</del> | <del>-35</del> | <del>41:17</del> | 29             | 44:35,5            | 22            | 44:36            |
| 710 | 35. | Heptner, Jürgen       | 1961 | 7. M50   | A+B Versmold                | 112   | 29             | 43:28            | <del>-33</del> | <del>31:23</del> | 28             | 38:51            | <del>-34</del> | <del>41:12</del> | 24             | 44:03,0            | 31            | 45:33            |
| 518 | 36. | Gräwe, Mike           | 1979 | 6. M35   | ministammtisch.de           | 113   | <del>-32</del> | <del>43:53</del> | 31             | 31:19            | <del>-32</del> | <del>39:33</del> | 30             | 40:52            | 23             | 43:53,1            | 29            | 45:07            |
| 530 | 37. | Bultschnieder, Ingo   | 1976 | 7. M35   | TC Emspark                  | 122   | 41             | 44:54            | <del>-58</del> | <del>33:09</del> | <del>-46</del> | <del>41:01</del> | 32             | 41:05            | 26             | 44:31,7            | 23            | 44:36            |
| 512 | 38. | Bollweg, Stefan       | 1975 | 8. M40   | BSG Sparkasse Bielefeld     | 124   | 37             | 44:21            | <del>-43</del> | <del>31:51</del> | 35             | 39:40            | 28             | 40:41            | <del>-57</del> | <del>50:15,2</del> | 24            | 44:43            |
| 511 | 39. | Oldemeyer, Frank      | 1974 | 9. M40   | LC Solbad Ravensberg        | 125   |                |                  | 30             | 31:18            | 33             | 39:36            | 37             | 41:35            | 25             | 44:11,6            |               |                  |
| 695 | 40. | Hauke, Jürgen         | 1970 | 7. M45   | CLAAS                       | 127   | 33             | 44:00            | 38             | 31:39            | <del>-39</del> | <del>40:05</del> | <del>-38</del> | <del>41:48</del> | 30             | 44:35,9            | 26            | 44:46            |
| 669 | 41. | Bierbaum, Thomas      | 1960 | 2. M55   | pulse watchers              | 131   | 36             | 44:12            | <del>-52</del> | <del>32:32</del> | 30             | 39:29            | 29             | 40:46            | 36             | 45:24,5            |               |                  |
| 673 | 42. | Sandbothe, Olaf       | 1969 | 8. M45   | Gütersloh                   | 137   |                |                  | <del>-49</del> | <del>32:16</del> | 42             | 40:31            | 36             | 41:24            | 27             | 44:33,0            | 32            | 45:41            |
| 660 | 43. | Hagemeyer, Marc       | 1987 | 3. M20   | Bielefeld                   | 139   | 35             | 44:10            | 40             | 31:41            | 31             | 39:29            |                |                  |                |                    | 33            | 45:56            |
| 520 | 44. | Esselmann, Christian  | 1990 | 4. M20   | Werther                     | 140   | <del>-38</del> | <del>44:38</del> | <del>-41</del> | <del>31:42</del> | 36             | 39:41            | 33             | 41:11            | 35             | 45:19,1            | 36            | 46:22            |

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| SNR | Pl. | Hausname, Vorname     | JG   | AK      | Verein                      | GPkt. | 1. Lauf       |                  | 2. Lauf        |                  | 3. Lauf       |                  | 4. Lauf       |                  | 5. Lauf       |                    | 6. Lauf       |                  |
|-----|-----|-----------------------|------|---------|-----------------------------|-------|---------------|------------------|----------------|------------------|---------------|------------------|---------------|------------------|---------------|--------------------|---------------|------------------|
| 545 | 45. | Kinder, Dirk          | 1970 | 9. M45  | die 5 lustigen 3            | 143   | 34            | 44:04            | 44             | 31:53            | 34            | 39:37            | 31            | 41:03            |               |                    |               |                  |
| 761 | 46. | Klee, Ingold          | 1965 | 8. M50  | LT Isselhorst               | 151   | <del>43</del> | <del>45:06</del> | 42             | 31:48            | 38            | 39:55            |               |                  | 37            | 45:45,9            | 34            | 45:58            |
| 734 | 47. | Paschke, Alexander    | 1993 | 5. M20  | Harsewinkel                 | 162   | 47            | 45:43            | <del>54</del>  | <del>32:59</del> | 40            | 40:21            | 42            | 42:09            | 33            | 45:08,0            |               |                  |
| 641 | 48. | Bartsch, Dennis       | 1980 | 8. M35  | Volksbank Bielefeld-Gütersl | 171   | 45            | 45:21            | <del>50</del>  | <del>32:18</del> | 47            | 41:12            | 44            | 42:25            |               |                    | 35            | 46:01            |
| 677 | 48. | Wichert, Wolfgang     | 1969 | 10. M45 | Wiedenbrück                 | 171   | 42            | 45:05            | 45             | 31:57            | <del>51</del> | <del>41:48</del> |               |                  | 41            | 46:56,8            | 43            | 47:35            |
| 534 | 50. | Leppersjohann, Frank  | 1979 | 9. M35  | LJF_Lepper                  | 172   | 46            | 45:36            | 48             | 32:13            |               |                  | 40            | 42:03            |               |                    | 38            | 46:42            |
| 738 | 51. | Koch, Thomas          | 1969 | 11. M45 | SV Spexard                  | 173   | 48            | 45:47            | <del>55</del>  | <del>33:03</del> | 48            | 41:27            |               |                  | 38            | 45:48,1            | 39            | 46:44            |
| 533 | 52. | Kerwien, Udo          | 1962 | 9. M50  | SC Halle , Männerfitness    | 182   | 50            | 46:05            | <del>56</del>  | <del>33:08</del> | 44            | 40:49            | 43            | 42:20            | 45            | 47:14,5            |               |                  |
| 516 | 53. | Klocke, Matthias      | 1978 | 10. M35 | Versmold                    | 184   | <del>60</del> | <del>47:41</del> | <del>61</del>  | <del>33:27</del> | 54            | 42:09            | 46            | 42:57            | 43            | 47:01,7            | 41            | 47:22            |
| 713 | 54. | Hoeppke, Christian    | 1975 | 10. M40 | Kraft-rad.com               | 185   | 53            | 47:14            |                |                  | 52            | 41:53            | <del>59</del> | <del>44:18</del> | 40            | 46:50,3            | 40            | 46:47            |
| 558 | 55. | Kowalewski, Klaus     | 1959 | 3. M55  | LG Burg Wiedenbrück         | 196   | 49            | 46:01            | <del>79</del>  | <del>35:00</del> | 58            | 42:28            |               |                  | 47            | 47:20,2            | 42            | 47:25            |
| 509 | 56. | Tönnies, Tobias       | 1975 | 11. M40 | Team Lübbering              | 200   |               |                  | 67             | 33:56            |               |                  | 45            | 42:57            | 42            | 47:01,0            | 46            | 48:03            |
| 640 | 57. | Buschherm, Mario      | 1987 | 6. M20  | RW Mastholte                | 210   | 56            | 47:28            | 53             | 32:47            | 50            | 41:39            | <del>61</del> | <del>44:25</del> |               |                    | 51            | 48:58            |
| 676 | 57. | Telahr, Stephan       | 1985 | 6. M30  | Kolpingorchester Harsewinke | 210   | <del>75</del> | <del>49:39</del> | <del>80</del>  | <del>35:00</del> | 63            | 42:52            | 53            | 43:48            | 49            | 48:01,1            | 45            | 48:02            |
| 643 | 59. | Mußmann, Robert       | 1986 | 7. M20  | TC Greffen                  | 211   | <del>71</del> | <del>49:04</del> | <del>82</del>  | <del>35:01</del> | 60            | 42:48            | 55            | 43:51            | 44            | 47:13,9            | 52            | 49:28            |
| 537 | 60. | Steffen, Sven         | 1976 | 11. M35 | Laufspass SW Sende          | 217   | 55            | 47:25            | 59             | 33:14            | 62            | 42:49            | 41            | 42:06            |               |                    |               |                  |
| 553 | 60. | Moll, Martin          | 1963 | 10. M50 | Wiedenbrück                 | 217   |               |                  | 65             | 33:46            | 53            | 41:55            | 52            | 43:35            |               |                    | 47            | 48:20            |
| 723 | 62. | Krüger, Jens          | 1968 | 12. M45 | Verl                        | 225   | 64            | 48:04            | 62             | 33:34            | <del>67</del> | <del>43:02</del> | 49            | 43:29            | <del>85</del> | <del>57:25,2</del> | 50            | 48:46            |
| 700 | 63. | Wohlert, Stephan      | 1966 | 13. M45 | Laufspass SW Sende          | 226   |               |                  | 66             | 33:55            | 57            | 42:27            |               |                  | 55            | 50:09,2            | 48            | 48:45            |
| 590 | 64. | Beckmann, Frank       | 1968 | 14. M45 | Versmold                    | 227   |               |                  | 73             | 34:19            | 49            | 41:36            | 57            | 44:06            | 48            | 47:42,1            |               |                  |
| 569 | 65. | Stohmann, Kai         | 1967 | 15. M45 | LG Marienfeld               | 236   | 51            | 46:56            | <del>101</del> | <del>37:36</del> | 81            | 45:43            | 60            | 44:25            |               |                    | 44            | 48:01            |
| 619 | 65. | Zegota, Thomas        | 1979 | 12. M35 | Harsewinkel                 | 236   | 61            | 47:41            | 71             | 34:02            |               |                  | 58            | 44:09            | 46            | 47:18,3            |               |                  |
| 763 | 67. | Schennach, Michael    | 1966 | 16. M45 | LG Burg Wiedenbrück         | 238   | 59            | 47:38            |                |                  |               |                  | 68            | 46:21            | 52            | 49:06,2            | 59            | 51:19            |
| 555 | 68. | Krause, Meik          | 1970 | 17. M45 | TRI TEAM LAGE               | 240   | 63            | 48:00            | 64             | 33:43            | <del>66</del> | <del>43:02</del> | 50            | 43:29            | 63            | 50:38,3            | <del>66</del> | <del>53:29</del> |
| 694 | 69. | Linnemann, Werner     | 1971 | 12. M40 | SV Brackwede                | 242   | 65            | 48:14            | <del>77</del>  | <del>34:35</del> | 64            | 42:54            | 64            | 45:19            |               |                    | 49            | 48:46            |
| 711 | 69. | Bolte, Wolfgang       | 1965 | 11. M50 | Lauftreff Druffel           | 242   | 58            | 47:37            | <del>84</del>  | <del>35:17</del> | 61            | 42:48            |               |                  | 53            | 49:56,3            | 70            | 54:42            |
| 628 | 71. | Gövert, Thorsten      | 1970 | 18. M45 | LG Oelde/Wadersloh          | 243   | 54            | 47:24            | 68             | 34:00            | 65            | 42:58            | 56            | 43:58            |               |                    |               |                  |
| 515 | 72. | Kirberich, Jan        | 1981 | 7. M30  | LG Marienfeld               | 248   | 52            | 46:57            | 86             | 35:29            | 56            | 42:17            |               |                  |               |                    | 54            | 49:55            |
| 513 | 73. | Adelmeyer, Uwe        | 1976 | 13. M35 | BSG Sparkasse Bielefeld     | 250   | 68            | 48:23            | <del>76</del>  | <del>34:29</del> | 70            | 43:08            | 54            | 43:50            | 58            | 50:15,4            |               |                  |
| 748 | 74. | Kemper, Siegfried     | 1954 | 1. M60  | LC Solbad Ravensberg        | 251   | 57            | 47:33            | 63             | 33:43            | 68            | 43:04            | 63            | 44:50            | <del>70</del> | <del>52:05,8</del> | <del>71</del> | <del>55:00</del> |
| 754 | 75. | Thomas, Udo           | 1968 | 19. M45 | Gütersloh                   | 261   | 67            | 48:23            | 72             | 34:13            | <del>72</del> | <del>43:13</del> | 69            | 46:27            |               |                    | 53            | 49:33            |
| 662 | 76. | Diekhans, Matthias    | 1980 | 14. M35 | Neuenkirchener Speedy       | 269   |               |                  | 74             | 34:21            | 71            | 43:11            | 62            | 44:38            | 62            | 50:37,6            |               |                  |
| 712 | 76. | Romankiewicz, Heiko   | 1976 | 15. M35 | TUS Quelle                  | 269   |               |                  |                |                  | 79            | 45:14            | 72            | 47:09            | 51            | 48:28,7            | 67            | 53:33            |
| 629 | 78. | Küper, Burkhard       | 1955 | 2. M60  | LG Obersee Bielefeld        | 274   | <del>79</del> | <del>50:14</del> | <del>92</del>  | <del>36:06</del> | 76            | 44:17            | 76            | 47:23            | 59            | 50:23,4            | 63            | 52:48            |
| 664 | 78. | Epke, Maik            | 1973 | 13. M40 | Halle                       | 274   | 73            | 49:19            | <del>87</del>  | <del>35:31</del> | 78            | 45:12            |               |                  | 61            | 50:33,1            | 62            | 52:13            |
| 565 | 80. | Mandera, Guido        | 1969 | 20. M45 | LG Oelde/Wadersloh          | 275   | 78            | 50:13            | <del>81</del>  | <del>35:00</del> | <del>80</del> | <del>45:38</del> | 70            | 46:32            | 72            | 52:25,5            | 55            | 50:21            |
| 675 | 81. | Lambers, Manfred      | 1964 | 12. M50 | Harsewinkel                 | 277   | 82            | 51:29            |                |                  | <del>82</del> | <del>45:45</del> | 75            | 47:18            | 60            | 50:27,4            | 60            | 51:46            |
| 693 | 82. | Barkhausen, Christoph | 1973 | 14. M40 | TUS Quelle                  | 278   | 66            | 48:15            | 78             | 34:40            | 69            | 43:07            | 65            | 45:19            |               |                    |               |                  |
| 580 | 83. | Godt, Harald          | 1965 | 13. M50 | LG Obersee Bielefeld        | 283   |               |                  |                |                  | 89            | 46:26            | 82            | 49:25            | 54            | 49:59,4            | 58            | 51:17            |
| 587 | 84. | Nadler, Jürgen        | 1971 | 15. M40 | Köln                        | 287   | 76            | 49:56            | 85             | 35:20            |               |                  |               |                  | 65            | 50:56,5            | 61            | 51:51            |
| 750 | 85. | Venker, Robert        | 1968 | 21. M45 | VfL Hiddesen                | 293   | 80            | 50:35            | <del>91</del>  | <del>36:03</del> | 85            | 46:03            |               |                  | 71            | 52:10,0            | 57            | 51:12            |
| 670 | 86. | Gebhardt, Bernd       | 1948 | 1. M65  | LG Oelde/Wadersloh          | 294   | 69            | 48:54            | 83             | 35:01            | 75            | 44:14            | 67            | 46:18            |               |                    |               |                  |
| 680 | 86. | Hülsmann, Dirk        | 1968 | 22. M45 | SMW Marienfeld              | 294   |               |                  | <del>100</del> | <del>37:36</del> | 84            | 45:53            | 71            | 47:08            | 75            | 53:12,5            | 64            | 52:50            |
| 578 | 88. | DeBaulles, Detlef     | 1952 | 3. M60  | LC Solbad Ravensberg        | 298   | 84            | 51:45            | 89             | 35:47            |               |                  |               |                  | 69            | 52:02,8            | 56            | 50:57            |

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| SNR | Pl.  | Hausname, Vorname     | JG   | AK  | Verein | GPkt.                       | 1. Lauf |                | 2. Lauf          |                | 3. Lauf          |                | 4. Lauf            |       | 5. Lauf |         | 6. Lauf   |    |         |
|-----|------|-----------------------|------|-----|--------|-----------------------------|---------|----------------|------------------|----------------|------------------|----------------|--------------------|-------|---------|---------|-----------|----|---------|
| 559 | 89.  | Meybrink, Florian     | 1994 | 8.  | M20    | Free - OCR - Runners        | 304     |                | 93               | 36:18          | 77               | 44:18          | 66                 | 46:07 | 68      | 51:53,7 |           |    |         |
| 752 | 89.  | Furtmann, Heiko       | 1971 | 16. | M40    | LC Solbad Ravensberg        | 304     | 105            | 56:37            | <del>111</del> | <del>39:08</del> | 86             | 46:04              | 81    | 49:12   | 32      | 44:54,5   |    |         |
| 566 | 91.  | Schnitker, Michael    | 1980 | 16. | M35    | LG Oelde/Wadersloh          | 306     | 81             | 50:45            | <del>95</del>  | <del>36:28</del> | <del>103</del> | <del>50:00</del>   | 79    | 49:03   | 74      | 52:41,3   | 72 | 55:49   |
| 764 | 92.  | Gertheinrich, Frank   | 1980 | 17. | M35    | Herzebrock-Clarholz         | 309     | 83             | 51:42            | <del>98</del>  | <del>37:15</del> | 87             | 46:13              | 74    | 47:18   |         |           | 65 | 53:21   |
| 507 | 93.  | Plutta, Christoph     | 1979 | 18. | M35    | Team Lübbering              | 315     |                |                  | 90             | 35:51            |                |                    | 83    | 49:35   | 73      | 52:30,2   | 69 | 53:54   |
| 560 | 94.  | Brenneker, Hans-Josef | 1961 | 14. | M50    | LG Burg Wiedenbrück         | 331     | 77             | 50:09            | 96             | 36:33            | 91             | 47:09              |       |         | 67      | 51:33,5   |    |         |
| 517 | 95.  | Dukat, Werner         | 1959 | 4.  | M55    | LC Wiedenbrück              | 332     | 88             | 52:12            | <del>105</del> | <del>38:23</del> | 94             | 47:43              |       |         | 76      | 53:54,8   | 74 | 56:06   |
| 614 | 95.  | Schnelle, Thorsten    | 1973 | 17. | M40    | LC Solbad Ravensberg        | 332     | 85             | 52:00            |                |                  | 106            | 50:44              | 85    | 49:51   | 56      | 50:13,1   |    |         |
| 736 | 97.  | Lambers, Dietmar      | 1967 | 23. | M45    | TSG Harsewinkel             | 336     | 89             | 52:42            | 94             | 36:25            |                |                    | 87    | 50:02   | 66      | 51:08,9   |    |         |
| 599 | 98.  | Venker, Bodo          | 1977 | 19. | M35    | DöKaVe                      | 338     | 96             | 54:57            |                |                  | <del>107</del> | <del>50:45</del>   | 86    | 50:00   | 77      | 54:00,3   | 79 | 56:55   |
| 598 | 99.  | Budde, Mike           | 1975 | 18. | M40    | LC Solbad Ravensberg        | 343     | 100            | 56:02            | <del>110</del> | <del>39:05</del> | 92             | 47:34              |       |         | 78      | 54:52,2   | 73 | 55:59   |
| 651 | 99.  | Frensemeier, Jörn     | 1980 | 20. | M35    | Getoese in Moese GbR        | 343     | 91             | 52:54            |                |                  | <del>119</del> | <del>1:05:00</del> | 95    | 53:00   | 79      | 55:36,4   | 78 | 56:53   |
| 741 | 101. | Matyssek, Daniel A.   | 1979 | 21. | M35    | LG Obersee Bielefeld        | 348     | 93             | 53:44            | 97             | 37:00            | 90             | 47:06              |       |         |         |           | 68 | 53:43   |
| 718 | 102. | Schlie, Michael       | 1959 | 5.  | M55    | LC Solbad Ravensberg        | 351     | 92             | 53:28            | <del>104</del> | <del>38:17</del> | 93             | 47:35              | 91    | 51:55   |         |           | 75 | 56:24   |
| 696 | 103. | Hagemeyer, Thomas     | 1981 | 8.  | M30    | CLAAS                       | 355     | 90             | 52:52            | <del>103</del> | <del>38:04</del> | 95             | 47:57              | 93    | 52:22   | 77      | 56:44     |    |         |
| 758 | 104. | Güth, Heiko           | 1968 | 24. | M45    | LC Wiedenbrück              | 357     | 74             | 49:26            | 116            | 40:36            |                |                    | 84    | 49:50   |         |           | 83 | 57:49   |
| 731 | 105. | Röther, Martin        | 1967 | 25. | M45    | Rot-Weiss St. Vit           | 359     | 86             | 52:02            | 99             | 37:25            | 98             | 48:52              |       |         |         |           | 76 | 56:40   |
| 532 | 106. | Lütjerath, Rainer     | 1960 | 6.  | M55    | SC Halle                    | 362     | <del>102</del> | <del>56:05</del> |                |                  | 100            | 49:23              | 97    | 53:37   | 84      | 56:59,1   | 81 | 57:26   |
| 529 | 107. | Guhe, Sebastian       | 1981 | 9.  | M30    | TTC Enger                   | 368     | 97             | 54:59            |                |                  | 101            | 49:34              | 90    | 51:44   | 80      | 55:57,9   |    |         |
| 682 | 108. | Hümer, Kalle          | 1956 | 7.  | M55    | LC Solbad Ravensberg        | 371     | 94             | 53:49            | 108            | 38:44            |                |                    | 88    | 50:22   | 81      | 56:09,1   |    |         |
| 584 | 109. | Böttcher, Markus      | 1976 | 22. | M35    | Bielefeld                   | 377     | 106            | 57:46            | <del>118</del> | <del>40:58</del> | <del>114</del> | <del>53:31</del>   | 100   | 54:10   | 87      | 58:47,6   | 84 | 57:58   |
| 650 | 110. | Bolte, Christian      | 1981 | 10. | M30    | Getoese in Moese GbR        | 378     | 107            | 59:45            | <del>128</del> | <del>43:13</del> |                |                    | 98    | 53:38   | 86      | 58:32,2   | 87 | 58:54   |
| 742 | 111. | Becker, Friedhelm     | 1950 | 2.  | M65    | LC Restekiste               | 382     | 103            | 56:13            | <del>121</del> | <del>41:14</del> | 102            | 49:48              | 92    | 52:13   |         |           | 85 | 58:08   |
| 575 | 112. | Urbansky, Tim         | 1980 | 23. | M35    | LG Obersee Bielefeld        | 384     | 98             | 55:02            | 109            | 39:00            | 97             | 48:42              |       |         |         |           | 80 | 57:10   |
| 703 | 113. | Poll, Reinhard        | 1954 | 4.  | M60    | LC Wiedenbrück              | 386     | 104            | 56:24            | <del>115</del> | <del>40:36</del> | 111            | 51:43              |       |         | 89      | 59:40,1   | 82 | 57:48   |
| 663 | 114. | Kaudewitz, Uwe        | 1963 | 15. | M50    | Gütersloh                   | 389     | 95             | 54:24            | 112            | 39:36            | 99             | 49:06              |       |         | 83      | 56:55,5   |    |         |
| 538 | 115. | Tuntke, Thomas        | 1980 | 24. | M35    | Bielefeld                   | 391     | 99             | 55:04            | 107            | 38:34            | 96             | 48:11              | 89    | 51:04   |         |           |    |         |
| 667 | 116. | Glöckner, Wolfgang    | 1959 | 8.  | M55    | Naturfreunde Bielefeld      | 395     |                |                  | 123            | 41:34            | 108            | 50:54              | 78    | 48:36   |         |           | 86 | 58:36   |
| 704 | 116. | Steinkröger, Thorsten | 1983 | 11. | M30    | KCP Paderborn               | 395     |                |                  |                |                  | 116            | 56:31              | 103   | 55:58   | 88      | 58:58,2   | 88 | 59:47   |
| 647 | 118. | Killmann, Jürgen      | 1958 | 9.  | M55    | VfL Theesen                 | 405     |                |                  | 120            | 41:12            | 109            | 51:28              | 94    | 52:41   | 82      | 56:16,8   |    |         |
| 616 | 119. | Rainer, Lange         | 1966 | 26. | M45    | Rheda-Wiedenbrück           | 409     |                |                  | 117            | 40:43            | 104            | 50:31              | 99    | 54:07   |         |           | 89 | 1:00:30 |
| 705 | 120. | Holthöfer, Wolfgang   | 1956 | 10. | M55    | Laufspass SW Sende          | 415     | 108            | 59:55            | <del>126</del> | <del>42:28</del> | 113            | 52:49              | 102   | 55:40   | 92      | 1:01:12,2 |    |         |
| 707 | 121. | Toben, Ludger         | 1966 | 27. | M45    | LC Solbad Ravensberg        | 421     |                |                  | 125            | 42:19            | 110            | 51:30              | 96    | 53:32   |         |           | 90 | 1:01:51 |
| 571 | 122. | Walter, Dominik       | 1987 | 9.  | M20    | LC Solbad Ravensberg        | 431     |                |                  | 129            | 43:59            | 105            | 50:37              | 106   | 58:21   | 91      | 1:00:05,3 |    |         |
| 556 | 123. | Kathöfer, Norbert     | 1951 | 5.  | M60    | Skigemeinschaft Wiedenbrück | 432     | 111            | 1:02:04          | 127            | 42:39            |                |                    | 101   | 55:25   | 93      | 1:01:35,3 |    |         |
| 591 | 124. | Kobben, Hermann       | 1948 | 3.  | M65    | Skigemeinschaft Wiedenbrück | 455     | 112            | 1:03:54          | 131            | 46:26            | 118            | 59:31              |       |         | 94      | 1:08:14,2 |    |         |
| 765 | 125. | Rehage, Thorsten      | 1967 | 28. | M45    | TRC                         | 458     | 109            | 1:00:42          | 130            | 44:12            | 115            | 54:04              | 104   | 56:21   |         |           |    |         |
| 679 |      | Veling, Thomas        | 1965 |     | M50    | LG Obersee Bielefeld        |         | 23             | 42:54            | 22             | 30:30            |                |                    |       |         |         |           | 28 | 44:53   |
| 691 |      | Schneider, Richard    | 1976 |     | M35    | Schloss Holte - Stukenbrock |         |                |                  | 57             | 33:08            | 18             | 37:14              | 26    | 40:40   |         |           |    |         |
| 552 |      | Husse, Björn          | 1980 |     | M35    | Rot-Weiss St. Vit           |         |                |                  |                |                  |                |                    | 39    | 41:56   | 28      | 44:34,7   | 37 | 46:28   |
| 634 |      | Puhlmann, Magnus      | 1971 |     | M40    | LG Obersee Bielefeld        |         | 40             | 44:45            | 35             | 31:28            |                |                    | 47    | 43:07   |         |           |    |         |
| 644 |      | Ritter, Andre         | 1969 |     | M45    | DLRG Halle                  |         |                |                  | 47             | 32:05            | 74             | 44:01              |       |         | 39      | 46:05,0   |    |         |
| 760 |      | Koch, Michael         | 1966 |     | M45    | SV Spexard                  |         | 62             | 47:45            | 60             | 33:23            | 45             | 40:51              |       |         |         |           |    |         |
| 551 |      | Winkler, Frank        | 1967 |     | M45    | BSG Sparkasse Bielefeld     |         |                |                  | 69             | 34:01            | 59             | 42:43              | 51    | 43:30   |         |           |    |         |

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| SNR | Pl. | Hausname, Vorname     | JG   | AK  | Verein                     | GPkt. | 1. Lauf     | 2. Lauf   | 3. Lauf   | 4. Lauf   | 5. Lauf      | 6. Lauf  |
|-----|-----|-----------------------|------|-----|----------------------------|-------|-------------|-----------|-----------|-----------|--------------|----------|
| 735 |     | Friesen, Heinrich     | 1982 | M30 | Bielefeld                  |       |             | 70 34:02  | 41 40:22  | 80 49:11  |              |          |
| 678 |     | Scheel, Frank         | 1961 | M50 | 1. Tri Team GTV- Gütersloh |       | 70 48:56    | 75 34:29  |           | 73 47:14  |              |          |
| 505 |     | Hassemeier, Frank     | 1969 | M45 | Team Lübbering             |       | 114 1:08:56 |           | 55 42:13  |           | 64 50:39,8   |          |
| 692 |     | Hauertmann, Christian | 1980 | M35 | Clarholz                   |       | 87 52:09    | 88 35:37  | 73 43:58  |           |              |          |
| 770 |     | Kanke, Eddy           | 1980 | M35 | Marienfeld                 |       |             | 119 41:12 | 88 46:23  |           | 90 59:53,0   |          |
| 740 |     | Schwab, Günter        | 1938 | M75 | LC Solbad Ravensberg       |       | 110 1:01:03 | 122 41:16 | 112 51:48 |           |              |          |
| 523 |     | Kranzmann, Simone     | 1963 | M50 | TUS Jölllenbeck            |       |             | 133 59:50 | 117 58:30 |           | 95 1:08:34,7 |          |
| 665 |     | Reins, Oliver         | 1973 | M40 | VFL Ummeln                 |       | 3 35:28     |           | 3 32:22   |           |              |          |
| 645 |     | Thiesmann, Uwe        | 1969 | M45 | Laufen gegen Leiden        |       | 30 43:32    | 25 31:00  |           |           |              |          |
| 720 |     | Flottmann, Wolfgang   | 1959 | M55 | LC Solbad Ravensberg       |       | 39 44:42    | 36 31:32  |           |           |              |          |
| 726 |     | Bartel, Olaf          | 1964 | M50 | Olafs Laufladen            |       |             | 46 31:58  |           |           |              | 30 45:21 |
| 709 |     | Pollmeier, Michael    | 1963 | M50 | Laufspass SW Sende         |       | 72 49:05    |           | 83 45:51  |           |              |          |
| 583 |     | Siefert, Sebastian    | 1979 | M35 | Werder Bremen              |       | 101 56:03   | 114 40:11 |           |           |              |          |
| 714 |     | Otto, Daniel          | 1987 | M20 | Mulden Milsmann            |       |             | 124 41:58 |           | 105 56:21 |              |          |
| 631 |     | Siefert, Alexander    | 1977 | M35 | SG Druffel                 |       | 113 1:05:44 | 132 47:13 |           |           |              |          |
| 767 |     | Janus, Damian         | 1987 | M20 | LC Solbad Ravensberg       |       |             |           | 1 28:37   |           |              |          |
| 671 |     | Strathkötter, Gerd    | 1964 | M50 | LC Solbad Ravensberg       |       |             |           | 15 36:43  |           |              |          |
| 601 |     | Kutschenko, Stephan   | 1985 | M30 | TSVE 1890 Bielefeld        |       |             |           | 43 40:45  |           |              |          |
| 536 |     | Grimm, Marcus         | 1968 | M45 | Bielefeld                  |       | 44 45:13    |           |           |           |              |          |
| 684 |     | Kokoschka, Michael    | 1965 | M50 | LG Burg Wiedenbrück        |       |             | 51 32:27  |           |           |              |          |
| 527 |     | Strothmann, Dirk      | 1964 | M50 | SC Olympia Steinhagen      |       |             |           |           | 77 48:19  |              |          |
| 623 |     | Steinberg, Michael    | 1973 | M40 | LG Smurf                   |       |             | 102 38:04 |           |           |              |          |
| 503 |     | Ehrlich, Jörn         | 1973 | M40 | Team Lübbering             |       |             | 106 38:34 |           |           |              |          |
| 625 |     | Bremehr, Heinz        | 1954 | M60 | LC Wiedenbrück             |       |             | 113 40:09 |           |           |              |          |
| 542 |     | Leweling, Jürgen      | 1967 | M45 | LG Burg Wiedenbrück        |       |             |           |           |           |              |          |
| 596 |     | Schennach, Michael    | 1966 | M45 | LG Burg Wiedenbrück        |       |             |           |           |           |              |          |
| 597 |     | Flügel, Thorsten      | 1973 | M40 | Bielefeld                  |       |             |           |           |           |              |          |
| 603 |     | Ober, Jörg            | 1971 | M40 | Halle                      |       |             |           |           |           |              |          |
| 615 |     | Lange, Rainer         | 1966 | M45 | Rheda-Wiedenbrück          |       |             |           |           |           |              |          |
| 617 |     | Limberg, Tobias       | 1979 | M35 | LC Solbad Ravensberg       |       |             |           |           |           |              |          |
| 618 |     | Beier, Robert         | 1959 | M55 | Rob's Lauftreff            |       |             |           |           |           |              |          |
| 627 |     | Kreysing, Karsten     | 1967 | M45 | SV 06 Oetinghausen         |       |             |           |           |           |              |          |

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| SNR | Pl. | Hausname, Vorname         | JG   | AK       | Verein                    | GPkt. | 1. Lauf                | 2. Lauf              | 3. Lauf              | 4. Lauf              | 5. Lauf                | 6. Lauf    |
|-----|-----|---------------------------|------|----------|---------------------------|-------|------------------------|----------------------|----------------------|----------------------|------------------------|------------|
| 722 |     | Willcox-Heidner, Victoria | 1973 | 1. W40   | LC Solbad Ravensberg      | 5     |                        | 2 29:07              | 1 34:31              | 1 36:34              | 1 39:08,5              |            |
| 727 |     | Engels, Sabine            | 1968 | 1. W45   | LC Solbad Ravensberg      | 5     | 1 39:14                | 1 28:11              | 2 34:57              |                      | <del>-2 39:36,5</del>  | 1 39:55    |
| 586 | 3.  | Bußmann, Marie            | 1985 | 1. W30   | Trispeed Marienfeld       | 11    | 2 42:06                | <del>-5 30:58</del>  | 4 37:47              | 3 38:45              | <del>-4 41:42,8</del>  | 2 42:23    |
| 766 | 4.  | Gehse, Nicole             | 1975 | 2. W40   | Olafs Laufladen           | 12    |                        | 4 30:15              | 3 37:14              | 2 37:32              | 3 40:54,9              |            |
| 708 | 5.  | Vergin, Stefanie          | 1974 | 3. W40   | Post SV Gütersloh         | 14    | 3 42:46                | 3 30:04              | 5 38:16              |                      |                        | 3 43:16    |
| 744 | 6.  | Lübbert-Horn, Maria       | 1967 | 2. W45   | LG Burg Wiedenbrück       | 18    | 5 44:05                | <del>-6 31:23</del>  |                      | 4 40:14              | 5 43:19,3              | 4 44:09    |
| 701 | 7.  | Niemann, Marianne         | 1953 | 1. W60   | LC Solbad Ravensberg      | 24    | 6 44:24                | <del>-8 32:00</del>  | 7 39:45              | 5 40:54              | 6 43:46,9              |            |
| 755 | 8.  | Turac, Elisabeth          | 1979 | 1. W35   | 1. Tri-Team Gütersloh GTV | 25    | <del>-8 45:13</del>    | <del>-11 32:32</del> | 6 39:26              | 6 41:04              | 7 44:08,7              | 6 45:50    |
| 697 | 9.  | Hammelmann, Stefanie      | 1985 | 2. W30   | Vorhelm                   | 30    | <del>-10 45:19</del>   | 9 32:09              |                      | 7 41:17              | 9 44:58,7              | 5 45:08    |
| 568 | 10. | Reichert, Susanne         | 1975 | 4. W40   | Sudbrack-Läufer Bielefeld | 31    | <del>-9 45:19</del>    | <del>-12 32:41</del> | 8 40:15              | 8 42:05              | 8 44:55,1              | 7 46:25    |
| 504 | 11. | Faul, Lydia               | 1972 | 5. W40   | Team Lübbering            | 36    | 7 44:25                | 10 32:17             |                      |                      | 10 45:38,8             | 9 47:02    |
| 698 | 12. | Potthoff, Doris           | 1961 | 1. W50   | LC Solbad Ravensberg      | 41    | 11 45:54               | 13 33:23             |                      | 9 43:43              |                        | 8 46:49    |
| 690 | 13. | Sabatin, Erika            | 1963 | 2. W50   | TSVE 1890 Bielefeld       | 42    |                        | <del>-20 35:50</del> | 10 42:45             | 10 44:08             | 11 48:29,0             | 11 49:29   |
| 668 | 14. | Werner, Margaretha        | 1959 | 1. W55   | TG Herford                | 47    | 12 47:37               | 14 34:22             | 9 42:36              | <del>-14 45:46</del> | 12 48:49,3             |            |
| 686 | 15. | Micheel, Nicole           | 1970 | 3. W45   | LC Solbad Ravensberg      | 51    | 14 48:46               | <del>-17 35:23</del> | 12 43:43             |                      | 13 49:06,1             | 12 49:34   |
| 739 | 16. | Heitmann, Karin           | 1977 | 2. W35   | Active Sportshop          | 54    | 13 47:39               | 16 34:55             | 11 43:42             |                      | 14 49:09,5             |            |
| 514 | 17. | Lohde, Ariane             | 1989 | 1. W20   | LG Marienfeld             | 55    | 17 49:44               | <del>-18 35:29</del> | 13 44:05             | 12 45:31             |                        | 13 49:55   |
| 600 | 18. | Pfenningschmidt-Redeker,  | 1973 | 6. W40   | SV Brackwede              | 57    | 15 49:24               | <del>-21 35:58</del> | 15 45:12             | 11 45:10             | 16 49:32,2             |            |
| 661 | 19. | Johannsmann, Carolin      | 1987 | 2. W20   | Mulden Milsmann           | 59    |                        |                      | 18 45:46             | 13 45:40             | 18 50:21,9             | 10 49:29   |
| 606 | 20. | Ostermann, Dagmar         | 1971 | 7. W40   | TSVE 1890 Bielefeld       | 61    | 16 49:28               | <del>-19 35:43</del> | 16 45:12             | 15 46:10             |                        | 14 50:05   |
| 522 | 21. | Springer, Nadine          | 1978 | 3. W35   | Bielefeld                 | 67    | <del>-20 51:44</del>   | <del>-28 37:51</del> | 17 45:45             | 16 46:13             | 19 50:29,7             | 15 50:15   |
| 683 | 21. | Grajewski, Jana           | 1992 | 3. W20   | Bielefeld                 | 67    | 19 51:43               | <del>-23 36:33</del> | 14 44:54             | 17 46:25             | 17 49:50,1             |            |
| 637 | 23. | Teckentrup, Mareike       | 1986 | 4. W20   | Mulden Milsmann           | 73    |                        | 15 34:37             | 27 47:45             |                      | 15 49:18,1             | 16 51:04   |
| 624 | 24. | Grohmann, Christina       | 1978 | 4. W35   | Active Sportshop Herford  | 85    | 21 52:02               | 25 37:28             |                      | 22 50:11             |                        | 17 52:00   |
| 561 | 25. | Bode, Nicole              | 1972 | 8. W40   | LG Burg Wiedenbrück       | 86    | 18 50:09               | 24 36:34             | 24 47:09             |                      | 20 51:33,4             |            |
| 531 | 26. | Bultschnieder, Julia      | 1981 | 3. W30   | TC Emspark                | 88    | 25 52:25               | <del>-37 38:54</del> | <del>-29 48:18</del> | 20 49:31             | 23 53:05,0             | 20 54:28   |
| 604 | 27. | Stelzer, Anja             | 1970 | 4. W45   | TSV Amshause              | 89    | 26 53:13               | <del>-26 37:32</del> | 23 46:34             | 18 48:06             | 22 52:35,8             |            |
| 607 | 27. | Corduan, Ann-Katrin       | 1986 | 5. W20   | LG Obersee Bielefeld      | 89    | 23 52:18               | 22 36:26             | 20 46:15             | 24 50:46             | <del>-26 53:19,0</del> |            |
| 570 | 29. | Kemper, Katharina         | 1985 | 4. W30   | LC Solbad Ravensberg      | 97    |                        | 29 38:03             | 26 47:13             | 21 49:53             | <del>-31 57:09,7</del> | 21 55:00   |
| 730 | 30. | Schepers, Susanne         | 1965 | 3. W50   | LG Burg Wiedenbrück       | 99    |                        | 31 38:23             | 25 47:09             |                      | 24 53:08,9             | 19 53:04   |
| 613 | 31. | Schnelle, Frauke          | 1980 | 5. W35   | LC Solbad Ravensberg      | 103   | 22 52:06               |                      | 33 50:56             | 23 50:13             | 25 53:14,6             |            |
| 581 | 32. | In den Birken, Nicole     | 1968 | 5. W45   | Physiotherapie            | 110   | 28 54:08               | <del>-36 38:49</del> | 31 48:24             |                      | 29 56:49,2             | 22 56:01   |
| 557 | 33. | Ausiel, Iris              | 1968 | 6. W45   | LG Burg Wiedenbrück       | 112   | 24 52:20               | 35 38:37             |                      |                      | 28 56:29,8             | 25 57:50   |
| 630 | 33. | Schmitz, Heike            | 1965 | 4. W50   | RW Mastholte              | 112   | 32 55:27               | <del>-40 40:08</del> | <del>-35 51:52</del> | 27 52:51             | 27 56:23,4             | 26 57:52   |
| 753 | 34. | Furtmann, Sarah           | 1997 | 1. WJU20 | TG Hörste                 | 112   | 35 56:38               | 39 39:08             | 19 46:04             | 19 49:12             |                        |            |
| 539 | 36. | Langlotz, Jana            | 1986 | 6. W20   | Bielefeld                 | 118   | 31 55:04               | 34 38:35             | 28 48:11             | 25 51:05             |                        |            |
| 746 | 37. | Lammert, Sabine           | 1972 | 9. W40   | Active Gütersloh          | 121   | 27 53:46               | 33 38:31             | 30 48:21             | 31 54:14             |                        |            |
| 554 | 38. | Kost, Kerstin             | 1969 | 7. W45   | LG Obersee Bielefeld      | 127   |                        | <del>-47 41:50</del> | 34 51:33             | 32 55:04             | 32 58:07,5             | 29 1:00:03 |
| 728 | 39. | Hoffmann, Dagmar          | 1967 | 8. W45   | LG Burg Wiedenbrück       | 129   | <del>-46 1:00:08</del> | 45 41:36             | 32 48:53             | 28 52:52             |                        | 24 57:50   |
| 594 | 40. | Ruwe, Claudia             | 1983 | 5. W30   | Werther                   | 136   | 40 59:01               | <del>-46 41:44</del> | 36 52:31             |                      | 33 1:00:11,1           | 27 59:32   |
| 733 | 41. | Eckhoff - Fisch, Kerstin  | 1967 | 9. W45   | LG Oelde/Wadersloh        | 138   | 36 56:51               | 42 40:58             |                      | 30 53:29             | 30 57:02,6             |            |
| 572 | 42. | Schöning, Ulrike          | 1968 | 10. W45  | Harsewinke                | 142   | 39 57:27               | 51 42:41             |                      | 29 53:14             |                        | 23 57:17   |
| 747 | 43. | Welp, Tanja               | 1973 | 10. W40  | DJK Gütersloh             | 143   | 41 59:22               | <del>-55 43:49</del> | 41 55:08             | 33 55:44             |                        | 28 1:00:02 |
| 719 | 44. | Kaudewitz, Sabrina        | 1990 | 7. W20   | Gütersloh                 | 147   | 43 59:24               | <del>-49 41:53</del> | 37 52:43             |                      | 36 1:01:58,7           | 31 1:04:56 |

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| SNR | Pl. | Hausname, Vorname         | JG   | AK      | Verein                      | GPkt. | 1. Lauf |         | 2. Lauf       |                  | 3. Lauf |         | 4. Lauf |         | 5. Lauf |           | 6. Lauf |         |
|-----|-----|---------------------------|------|---------|-----------------------------|-------|---------|---------|---------------|------------------|---------|---------|---------|---------|---------|-----------|---------|---------|
| 681 | 45. | Hümer, Angelika           | 1958 | 2. W55  | LC Solbad Ravensberg        | 148   | 42      | 59:23   | <del>50</del> | <del>42:34</del> | 38      | 52:44   | 34      | 55:53   | 34      | 1:00:19,0 |         |         |
| 659 | 46. | Grippentrog, Kristin      | 1988 | 8. W20  | LC Solbad Ravensberg        | 154   |         |         | 52            | 42:45            |         |         | 35      | 55:58   | 37      | 1:02:20,8 | 30      | 1:01:05 |
| 749 | 46. | Gehra, Claudia            | 1963 | 5. W50  | Laufspass SW Sende          | 154   | 44      | 59:26   | <del>53</del> | <del>42:48</del> | 39      | 53:03   | 36      | 56:58   | 35      | 1:01:01,7 |         |         |
| 717 | 48. | Schlie, Cornelia          | 1967 | 11. W45 | LC Solbad Ravensberg        | 156   | 47      | 1:01:02 | <del>59</del> | <del>45:26</del> |         |         | 39      | 1:00:07 | 38      | 1:07:46,3 | 32      | 1:05:22 |
| 502 | 49. | Durante, Rebecca          | 1982 | 6. W30  | Team Lübbering              | 169   | 52      | 1:06:18 | 38            | 38:59            | 46      | 1:01:32 |         |         |         |           | 33      | 1:18:58 |
| 702 | 50. | Berlinghoff, Beate        | 1954 | 2. W60  | Laufspass SW Sende          | 176   | 51      | 1:05:48 | <del>61</del> | <del>47:57</del> | 45      | 57:47   | 40      | 1:02:42 | 40      | 1:09:46,9 |         |         |
| 510 | 51. | Wulf, Judith              | 1976 | 6. W35  | Team Lübbering              | 184   | 48      | 1:01:38 | 56            | 44:03            | 42      | 55:51   | 38      | 59:19   |         |           |         |         |
| 526 | 51. | Bösel, Sabine             | 1964 | 6. W50  | LG Obersee Bielefeld        | 184   | 50      | 1:03:31 | 57            | 44:14            | 40      | 54:52   | 37      | 56:59   |         |           |         |         |
| 582 |     | Weidmann, Gabriele        | 1960 | W55     | Laufspass SW Sende          |       |         |         |               |                  | 21      | 46:17   |         |         | 21      | 51:59,4   | 18      | 52:24   |
| 544 |     | Casper, Sandra            | 1990 | W20     | LG Marienfeld               |       | 29      | 54:14   | 32            | 38:26            | 22      | 46:20   |         |         |         |           |         |         |
| 573 |     | Reim, Martina             | 1965 | W50     | Marienfeld                  |       | 33      | 55:54   | 41            | 40:09            |         |         | 26      | 51:23   |         |           |         |         |
| 562 |     | Banmann, Irene            | 1986 | W20     | LG Oerlinghausen            |       | 38      | 57:26   | 44            | 41:34            |         |         | 41      | 1:06:54 |         |           |         |         |
| 588 |     | Schillo, Laura            | 1997 | WJU20   | Gütersloh                   |       | 4       | 43:42   | 7             | 31:57            |         |         |         |         |         |           |         |         |
| 672 |     | Ortmann, Lena             | 1993 | W20     | TSVE 1890 Bielefeld         |       | 30      | 54:45   | 27            | 37:48            |         |         |         |         |         |           |         |         |
| 501 |     | Baxhenrich, Verena        | 1990 | W20     | Team Lübbering              |       | 49      | 1:02:33 |               |                  | 44      | 56:59   |         |         |         |           |         |         |
| 506 |     | Otto, Susanne             | 1988 | W20     | Team Lübbering              |       | 45      | 59:53   | 54            | 43:41            |         |         |         |         |         |           |         |         |
| 528 |     | Kranzmann, Sina           | 1986 | W20     | TUS Jöllenbeck              |       |         |         | 62            | 59:49            |         |         |         |         | 39      | 1:08:35,0 |         |         |
| 605 |     | Jungbluth, Karin          | 1964 | W50     | LG Obersee Bielefeld        |       |         |         | 58            | 44:27            | 43      | 56:51   |         |         |         |           |         |         |
| 622 |     | Steinberg, Iris           | 1977 | W35     | LG Smurf                    |       |         |         | 30            | 38:04            |         |         |         |         |         |           |         |         |
| 759 |     | Nußbeck, Janine           | 1972 | W40     | Steinhagen                  |       | 34      | 56:35   |               |                  |         |         |         |         |         |           |         |         |
| 577 |     | Voth, Olja                | 1979 | W35     | Tus Brake                   |       | 37      | 57:23   |               |                  |         |         |         |         |         |           |         |         |
| 521 |     | Müller-Thomas, Uta        | 1973 | W40     | Gütersloh                   |       |         |         | 43            | 41:30            |         |         |         |         |         |           |         |         |
| 595 |     | Aschoff, Kim Katrin       | 1984 | W30     | Active Sportshop Herford    |       |         |         | 48            | 41:53            |         |         |         |         |         |           |         |         |
| 757 |     | Frenzel, Stefanie         | 1986 | W20     | Schloss Holte - Stukenbrock |       | 53      | 1:14:06 |               |                  |         |         |         |         |         |           |         |         |
| 541 |     | Kübeck, Yvonne            | 1990 | W20     | Die Laufhühner              |       |         |         | 60            | 45:30            |         |         |         |         |         |           |         |         |
| 546 |     | Reiling, Anna             | 1988 | W20     | SV Marienfeld               |       |         |         |               |                  |         |         |         |         |         |           |         |         |
| 549 |     | Meier, Christina          | 1988 | W20     | LC Wiedenbrück              |       |         |         |               |                  |         |         |         |         |         |           |         |         |
| 609 |     | Reinhardt, Cordula        | 1968 | W45     | LC Solbad Ravensberg        |       |         |         |               |                  |         |         |         |         |         |           |         |         |
| 632 |     | Diekhaus, Christine       | 1963 | W50     | LC Solbad Ravensberg        |       |         |         |               |                  |         |         |         |         |         |           |         |         |
| 639 |     | Drähne, Angela            | 1965 | W50     | TSVE 1890 Bielefeld         |       |         |         |               |                  |         |         |         |         |         |           |         |         |
| 649 |     | Kuhlmann-Augustin, Susann | 1962 | W50     | Bielefeld                   |       |         |         |               |                  |         |         |         |         |         |           |         |         |
| 689 |     | Gehring, Jennifer         | 1987 | W20     | BSG Sparkasse Bielefeld     |       |         |         |               |                  |         |         |         |         |         |           |         |         |